



## Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

*In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.*

*In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.*

Please fill out the following information for your school, district or program:

| Information Needed   | Your Response   |
|--|---|
| Name of School, District or Program                              | David Douglas High School   |
| Key Contact Person for this Plan                                 | Eric Stauffer (AD) and Greg Carradine(VP)                                 |
| Phone Number of this Person                                      | 503-896-5930      503-261-8312  |
| Email Address of this person                                     | eric_stauffer@ddsd40.org<br>greg_carradine@ddsd40.org                     |
| Specify Indoor/Outdoor Full Contact Sports Included in this Plan | Football, Cheer, Water Polo, Boys Basketball, Girls Basketball, Wrestling |
| Intended Starting Date for this Plan Update                      | 4/26/2021   |

## School Instructional Model

### OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

### Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

David Douglas High School has been involved in hybrid onsite learning since 4/12/2021. Students are attending two days a week with their cohort for 4 hours each day they are on campus.

## On-Site Testing for Symptomatic Individuals and Close Contacts

### OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

### Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

We have both of our school nurses trained to administer the Abbott BinaxNow tests on campus and have the tests available on site. We also have a Multnomah County Health Clinic on our campus who are available to administer tests at no cost to all of our students with an appointment.

## Contact Information for Contact Tracing

### OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
  - [COVID Monitoring Form: Excel](#)

- [COVID Monitoring Form: PDF](#)

### **Plan Details for Contact Information for Contact Tracing**

Please enter the details of your plan that correspond to the requirements listed above:

We are using a QR system that is required by all coaches, athletes, workers, spectators, officials and administrators to fill out prior to each practice or event. The information is automatically collected into a google doc with all of the COVID questions plus a contact phone number and is time stamped. We have been restricting all home events to only 2 home spectators per athlete

## **Student-Athlete Waiver**

### **OHA Requirements**

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor fullcontact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

### **Plan Details for Student-Athlete Waiver**

Please enter the details of your plan that correspond to the requirements listed above:

As part of the registration process this year, all athletes and parents were required to complete a COVID 19 waiver form that is kept in the athletic office.