

# David Douglas Scots Athletics

## Fall Sports - Clearance

**Athletic Secretary/Bookkeeper will be in South Office from 8am to 4pm**

**Monday, August 11 through Friday, August 15**

**DDHS South Office - 1500 SE 130th - (503)261-8307**

**Athletic North Office - (503)261-8325**

## Athletic Participation Requirements

The following requirements for participating in athletics must be completed and on file in the athletic office **prior to practice or tryouts**. Athletic and physical forms are in the athletic office or on the DDHS website.

- \* Have passed 5 classes the previous semester and be enrolled in and passing 5 classes for the current semester. Students must earn minimum credits required to graduate from David Douglas High School according to OSAA guidelines.
- \* Have current physical on file – OSAA physical form required.
- \* Have parent permission, emergency and code of conduct forms filled out and signed.
- \* Have verification of medical insurance or purchase school insurance.



**HAVE PAID PARTICIPATION FEE PRIOR TO TRYOUTS**  
**\$100 first sport, \$100 second sport, 3rd sport free**

**David Douglas School-Based Health Center will be offering physicals through June 19. Call or stop by for an appointment (503)988-3554. They will reopen August 18. Summer physicals will be available at Parkrose HS Monday through Friday from 8:30am to 5:00pm. Call for an appointment (503)988-3392.**

## Physical Exam Information for Student Athletes

The Oregon Legislature has mandated that all schools require physicals for 9<sup>th</sup> and 11<sup>th</sup> grade students participating in athletics. They have also mandated that all students use the form recommended by the OSAA. This law took effect in the fall of 2002. To comply with the law and provide the safest possible environment for our students, David Douglas High School has established the following policy for athletic physicals.

- \* **All freshmen and juniors are required to obtain a physical recorded on the OSAA physical form.**
- \* **All other students must have a physical on file and complete the interim form for athletic clearance.**

We strongly recommend that any student who has a family health care provider familiar with their medical history obtain their physical from that person. The **OSAA physical form** to be filled out by a doctor may be picked up in the DDHS Athletic Office or is on the high school website.

## Fall Sports Starting Dates and Information

Sport	Cross Country	Football	Soccer-Boys	Soccer-Girls	Volleyball	Water Polo
Head Coach	Cameron Cross	Dan Wood	Logan Marquardt	Gary Maass	Janeen Rainey	TBA
Start Date	August 18	August 18	August 18	August 18	August 18	August 18
Location	Stadium	Football Fields	Soccer Fields	Soccer Fields	North Gym	Pool Building

## Team Schedules for First Week of Practice

Monday, 8/18	Tuesday, 8/19	Wednesday, 8/20	Thursday, 8/21	Friday, 8/22
7am-Boys Soccer	8:30am XCountry	7am-Boys Soccer	8:30am XCountry	7am-Boys Soccer
8:30am XCountry	9am-Volleyball	8:30am XCountry	10am-Girls Soccer	8:30am XCountry
9am-Volleyball	10am-Girls Soccer	9am-Volleyball	12pm Football	9am-Football
9am-Football	12pm Football	9am-Football	3pm-Boys Soccer	3pm-Football
3pm-Football	3pm-Boys Soccer	3pm-Football	6pm-Girls Soccer	5pm-Boys Soccer
5pm-Boys Soccer	6pm-Girls Soccer	5pm-Boys Soccer	TBA-Water Polo	6pm-Girls Soccer
6pm-Girls Soccer	TBA-Water Polo	6pm-Girls Soccer		Water Polo
TBA-Water Polo		TBA-Water Polo		TBA-Water Polo

**To find team schedules go to: [highschoolsports.net](http://highschoolsports.net) or DDHS website.**

**Email: [greg\\_carradine@ddouglas.k12.or.us](mailto:greg_carradine@ddouglas.k12.or.us) or [pat\\_alderton@ddouglas.k12.or.us](mailto:pat_alderton@ddouglas.k12.or.us)**